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INTERVIEW WITH AN OLD-TIMER

Step 9: "Made direct amends to such people whereever possible, except when to do so would injure them or others."

Rich: Thank you Joe for doing this.

Joe: My pleasure.

R: You're the lead for the CMA step study meeting "Position of Neutrality" Thursday nights at Studio

164, 7:30pm, right?

J:Yes.

R: How long have you been doing that meeting?

J: 13 years.

R:You've done it the whole time?

J:Yes.

R: So, give a brief summary of step 9...

J: It's the freedom step, the fitness step. The ability to treat people kinder than we think or feel is a demonstration to us, through us, of our changed nature.

R: Freedom?

J:The fear is falling from us. I came to know new freedom. I was under less mental attack. I think I can

control and enjoy my thinking, but attacks on my thought life are continual. If I don't get free of them, I am never free of my addiction.

R:What quote impacts you the most with step 9?

J: P. 83, the big book, first paragraph, last sentence "...that our creator show us the way of patience, kindness, tolerance and love."

R: Hardest amends to make?

J:Yes, some approaches are harder than others; gaining access to power to treat people with kindness demonstrates the love of God in the world.

R:What would you say to the newcomer that sees this step on the wall when they first start coming?

J: ...Stay in the step you're in. The answers for you are in you.

R: Lastly, favorite 9th step promise?

J: "We will suddenly realize that God is doing for us what we could not do for ourselves." I realize this more and more as I go along

CENTRAL ARIZONA DISTRICT | PIPELINE@CMAAZ. ORG | AZ HOTLINE 602-235-0955

THE SASSY SPONSER

Dear Sassy,

I'm a newcomer still dealing with feelings of shame and remorse for some of the things I've done. Since many of my shameful actions involved family and loved ones, I'm eager to just jump to step 9 and apologize to the world! Is there a requirement that I work through steps I through 8 before doing that?

Signed, Sorry Sam

Dear Sam,

I'm new to homebuilding, and I'm eager to move into my new place asap! Is it OK if I skip preparing the site and constructing the foundation and move right into framing it? Is there a requirement that I prepare the site and construct a foundation before doing that?

You get my point. As people in the rooms like to say, "The steps are in order for a reason." Is there a requirement that you work I through 8 before 9? Umm, no, I guess not. But do so, in the same way that you wouldn't change up the order of the steps to building a house. It's cool that you are eager to apologize, but those apologies may have little or no lasting effect if you don't properly lay the foundation of your recovery. So get to work!

--Love always, Sassy

Send in your questions to Sassy. E-mail sassy@CMAAZ.org

CMA EVENTS

<u>Kamikaze Karoke:</u> August 25th 6:00pm 1010 E.Alice Ave., Phoenix,

Kamikaze coffee, 50/50 raffle, dress up as your favorite artist and win a prize.

<u>Cosmic Volleyball:</u> September 15th 6:00pm 2601 E. Paradise Ln. Phoenix

5-person teams, \$25 Speaker: Stephan T.

<u>CMA Gen. Service Conference</u>: Nov. 1-4 Denver, Colorado

Registration: \$150

Host Hotel:The Curtis by Doubletree in Denver https://cma-conf-2018.eventbrite.com

SAVE THE DATE

September 22nd- Art of Recovery Supports

October 13th-Tweakers Hunger Games

March 8-10, 2019: 12 Steps in the Pines

If you have an annoucement that you would like to have published in next month's bulletin, feel free to contact John E. at jjnomo7517@gmail.com

Authority vs. Fellowship

Tradition 9: Our groups ought never be organized; but we may create service boards or committees directly responsible to those they serve.

Many people do not trust authority. This is true of those who want to become sober. Going to a professional counselor is different from going to a group of others who are in recovery. CMA is different from professional recovery services, offering support that the members feel in sharing and listening to each other's stories. There is no authority the member can rebel against.

In the real-world, businesses and other groups are "organized." There is a hierarchy of authority established so that some members of the organization have the authority to "direct" the actions of others.

But, in CMA no one has this kind of authority. The groups are a "fellowship of equals." Decisions are made by the group as a whole and not by one or a few members.

With authority comes agendas; and the beauty of

recovery is that each individual has the authority over their recovery. What might be one person's Higher Power is not the same as another person's Higher Power.

By creating and maintaining this atmosphere of "true fellowship," CMA ensures that even the newest members can quickly gain a feeling of "belonging."

No one can force us to abide by the generally accepted principles of recovery. But if we don't, then we stand a much greater chance at suffering a relapse. This threat hangs over us with far more gravity than any punishment that might be handed out by an organized authority. For while many get back on the wagon after suffering a relapse, the sorrow we feel outweighs the guilt of admonishment by our fellows. This is reason enough to abide by the suggested principles.

The I2th Step instructs us to put our principles into action by carrying the message of recovery to the addict who still suffers. The CMA Service Structure provides opportunities for accomplishing this. Come to a committee meeting and find one that's right for you!!

Hospitals & Instituions - 1st Tues., 7:00pm

Public Info & Outreach - 4th Tues., 7:00pm Jerry's Restaurant, 2323 E Thomas Rd., Phoenix Central District (CADI) - 3rd Tues. - 7:30pm Fellowship Hall, 8910 N 43rd Ave #102, Glendale

Communicaions - 2nd Tues., 7:00 pm Freedom Hall, 2720 E.Thomas, Ste. C160

Events & Fundraising - 1st Wed., 7:30pm The Solution, 4210 N Longview, Phoenix

Literature - 4th Tues., - 7:00 pm U-Can-2, 8607 N 59th Ave #D, Glendale

Break the Ice 5116 E. Thomas Rd

Phoenix, 85018

7:30 pm

Life or Meth Squad 9430 N 11th Ave Phoenix, 85021

Crystal Clean 4210 N. Longview Ave.

Phoenix, 85014

Misfits 13627 N 32nd St

Phoenix, 85032 8:15 pm

Crystal Meth Anonymous | Central Arizona Meetings

						2
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
5:30 pm No More G	6:30 pm Life or Meth Squad	6:30 pm CMA Rocks	6:15 pm Valley of the Spun	7:00 pm One Day at a Time	6:30 pm Tweaker's Hope	8:00 am Valley of the Spun West
	9430 N 11th Ave	9625 W Sahuaro Dr	4210 N. Longview	2601 E. Paradise Ln	4415 S Rural Rd	6609 W Ocotillo Rd
8615 E Main Street Lot	Phoenix, 85021	Phoenix, 85029	Phoenix, 85014	Phoenix, 85032	Tempe, 85282	Glendale, 85301
F97	2.00	7:30	6:30	2.00	2002	0.50 am
Mesa, 85207	CMA in the Pit	Broken Glass	Broken Glass	Tweeker for Life	Sundown Shenanigans	There is a Way Out
7:00 pm	2601 E Paradise Ln	1626 W Denton Ln	13627 N 32nd St	4430 N 23rd Ave	2610 W McLellan	8607 N 59th Ave
God Rocks	Phoenix, 85032	Phoenix, 85015	Phoenix, 85032	Phoenix, 85013	Phoenix, 85017	Phoenix, 85302
2610 W McLellan						
Phoenix, 85017	7:15 pm	7:30 pm	7:15 pm	7:30 pm	7:00 pm	4:45 pm
	Branching Out	Misfits	Misfits	Position of Neutrality	The Trenches	Knuckleheads
	7523 N. 35th Ave	4415 S Rural Rd	1632 E Flower	13627 N 32 nd St	545 E Palm Park Blvd	8607 N 59 th Ave
Backyard	Phoenix, 85051	Tempe, 85282	Phoe nix, 85017	Phoenix, 85032	Casa Grande, 85122	Glendale, 85302
4012 S Central Ave	(Women only)		(Open to Men &	000	000	
Phoenix, 85040		8:00 pm	Women)	/:30 pm	/:00 pm	md 00:3
	7:30 pm	The Meth Lab		Tweeker's Paradise	Fidget Spinners	Shot Out
mg ::/	Spun-N-Done	8910 N 43rd Ave #102	7:30 pm	2720 E Thomas Rd	143 S. Center St	4210 N Longview Ave
No Half Measures	7523 N. 35th Ave	Glendale, AZ 85302	New Hope	Phoenix, 85016	Mesa, AZ 85210	Phoenix, 85014
545 E Palm Park Blvd	Phoenix, 85051	6	2622 N. 16th St			
Casa Grande, 85122	0	8:30 pm	Phoe nix, 85006		7:15 pm	6:30 pm
7:15 pm	7:30 pm	Methican American	(LGBT)		Mishts	Shattered Glass
Miefite	New Hope	1632 E. Flower St			8910 N 43rd Ave #102	1845 E. Ocotillo Rd.
2601 F Paradise In	2622 N. 16th St	Phoenix, AZ 85016	8:00 pm		Glendale, AZ 85302	Phoenix, 85016
Phoenix, 85032	Phoenix, 85006	(Women only)	Kicking Tina		8:30 pm	7:00 pm
7:31 pm	(1991)	9:30 pm	Mees 85201		CMA Rocks	The Dope Show
Tweekerz-8-Us	No Half Measures	Unspun	(Open / IGBT)		13627 N 32nd St.	3702 N 13 th Ave
5143 N 28th Dr	545 E Palm Park Blvd.	4210 N. Longview			Phoenix, AZ 85032	Phoenix, 85013
Phoenix, 85017	Casa Grande, 85122	Phoenix, 85014				7:15 pm

Meeting list published quarterly. Times and locations can change without notice, please phone or visit our website for the most current details.

4210 N Longview Ave

7523 N. 35th Ave

Phoenix, 85051

Website: CMAAZ.org | Hotline: 602-235-0955 | List Updated: June 16, 2018

Please email webmaster@cmaaz.org to notify the Communications Committee of any meeting changes